20 SEPTEMBER 2026

20 WEEKS TO GO

The countdown is officially on.

With just **20 weeks to go until City-Bay 2026,** things are starting to ramp up here in the City-Bay office as race day gets closer.

Planning is in full swing, details are being locked in, and the energy is building as we move from early preparation into full race mode. Across Adelaide, participants are starting to set goals, training plans are taking shape, and the excitement is beginning to build.

Whether you're running, walking, or supporting from the sidelines, now is the time to get organised, get training, and get ready because 20 weeks will go quickly.

Let's make 2026 another unforgettable City-Bay. ♀



Be on the start line this September - enter today!

FUNDRAISING SPOTLIGHT: KANE RAMSEY FOR LEGACY

In light of ANZAC Day over the weekend, we're sharing a powerful City-Bay fundraising story that reflects on service, sacrifice, and remembrance. This year's City-Bay community is full of incredible stories and **Kane Ramsey** is taking fundraising to a whole new level.

Kane is participating in the **12km City-Bay walk while wearing a WWI Australian woollen AIF uniform, complete with historically weighted webbing** (approx. 35kg total load) to replicate the conditions soldiers endured on long marches.

His motivation is deeply personal and grounded in history. With a long-standing passion for military history, time in Navy Cadets, and involvement in a WWI & WWII re-enactment group, Kane's challenge is designed to honour the sacrifice and lived experience of Australian soldiers - particularly those who marched forward in extreme hardship, uncertainty, and physical strain during WWI.

He hopes spectators and fellow participants come away with a stronger understanding of what those soldiers endured, especially the physical toll of marching long distances in heavy wool uniforms, leather boots, and full equipment - often in harsh conditions and with no certainty of survival.

Kane is also honest about the challenge ahead: heat, long-distance endurance, heavy load-bearing gear, and the likelihood of blisters despite preparation and breaking in his boots.

Despite this, he is pushing forward to raise funds and awareness for Legacy, supporting veterans' families and continuing a long tradition of service-driven fundraising he first began through Cadets.

He has already raised over **$1,600**, making him one of the top fundraisers in this year's City-Bay Fun Run so far.

How you can support:

- Donate to his Legacy fundraising page
- Share his story to help reach more people
- Send messages of encouragement as he takes on the challenge on event day

A powerful reminder that fundraising isn't just about distance - it's about purpose.



LEGACY
SOUTH AUSTRALIA & BROKEN HILL

Donate to Kane's Legacy Challenge

FREE All About Running Information Session

Hosted by Adventure Time Travel.

A great opportunity for runners of all levels to hear from Olympic Marathoner **Jess Stenson**, AFL footballer **Jack Trengove**, and MC **Mark Soderstrom**.

Plus, **RunDNA will be there sharing expert footwear advice**, helping runners better understand shoes, fit, and what may work best for their running journey.

 Prizes and giveaways on the night

Whether you're building towards your first event, looking to improve your running, or dreaming of a marathon one day, this will be an inspiring and practical night.

 Adelaide Oval
 Wednesday, June 17
 7:00pm
 Free to attend



Reserve your spot for free now.

City-Bay Fun Run

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