



2026 RACE DAY GUIDE



CHASE THE PB INSTEAD OF THE FINISH LINE?

• RISK IT FOR THE BBQ BRISKET •



NEW
SMOKEY BBQ
BRISKET PIE

VILI'S
Family Bakery

Official Pie Of The
City
Bay



CONTENTS

Welcome Words	4-5
Know Your Start Line	08
Course Maps	09
Course Rules	10
Bib Collection Expo	12
Changes & Transfers	13
Your Race Bib	15
Medals	16-17
Entertainment	20-21
Water Stations	23
Parking	24
Road Closures	26
Public Transport	27
Baggage & Vulnerable Persons	29
Toilets & First Aid	31
The Village	33-35
Competitions	36
Stay	40
Merchandise	42
Post-Race	44

WELCOME WORDS

Welcome to **City-Bay Fun Run 2026**.

Today, you are not simply taking part in a fun run — you are becoming part of a remarkable South Australian tradition.

For generations, City-Bay has brought people together on the roads between Adelaide and Glenelg. What began as a race has grown into something much bigger: a celebration of community, determination, friendship and the incredible spirit of South Australia. Every year, thousands of people lace up their shoes and take their place on the start line, continuing a tradition that has become part of the fabric of our state.

There is something incredibly special about City-Bay. It is the first timer nervously taking those first steps towards a personal challenge. It is the seasoned runner chasing another personal best. It is families running together, friends supporting one another, children discovering the joy of sport and generations of the same family returning year after year. It is the cheers from the roadside, the volunteers who give their time, and the unmistakable feeling that, for one morning, South Australia is moving together.

And while every participant has their own reason for being here, we all share the same journey — from the city to the sea.

City-Bay has also played an important role in supporting athletics and community sport across South Australia. The event has provided opportunities for athletes, clubs and sporting organisations while inspiring countless South Australians to become more active and discover the lifelong benefits of sport. The legacy of City-Bay is measured not only in kilometres run, but in the people, it has inspired, the

friendships it has created and the lives it has touched. Today, you become part of that legacy.

To our participants, thank you for continuing the tradition. To our volunteers, officials, emergency services, councils, sponsors, partners and supporters, thank you for the extraordinary contribution you make behind the scenes. And to the families and friends lining the course, thank you for creating the atmosphere that makes City-Bay so special.

As you make your way towards Glenelg, remember that you are following in the footsteps of hundreds of thousands of South Australians who have made this journey before you. Take in the atmosphere, listen to the cheers, enjoy the experience and be proud of what you are achieving.

Whether you are chasing a time, conquering a personal challenge, raising money for a cause, getting active with friends, or simply wanting to be part of something special, this is your City-Bay.

From the start line to the finish line, we hope you create memories that will stay with you long after your shoes have been put away.

Run with pride. Walk with purpose. Celebrate every step.

And when you reach the finish line at Glenelg, take a moment to look back and appreciate what you have achieved because you are now part of the continuing story of one of South Australia's most loved sporting traditions.

Enjoy the journey. Embrace the moment. Make it one to remember.

See you at the finish line!

Joe Stevens OAM
Race Director



We love to see you CMI'ling

CMI TOYOTA



SOUTH AUSTRALIA'S NUMBER ONE SELLING TOYOTA DEALER

Specialising in new and pre-owned Toyota vehicle sales, service, parts & accessories.

Proud supporters of the City-Bay Fun Run.

ADELAIDE

152 West Terrace
ph 8238 5555

CHELtenham

869 Port Road
ph 8268 0888

CHRISTIES BEACH

150 Beach Road
ph 8382 9000

STEPNEY

24 Nelson Street
ph 8362 2844

cmitoyota.com.au

OH WHAT A FEELING

CHAFFEY BROS

NEW WAVE BAROSSA. FAMILY OWNED & PROUD SUPPORTERS OF THE CITY-BAY FUN RUN.

ARTISANS OF BAROSSA

Visit our cellar door & restaurant
www.artisansofbarossa.com



*City-Bay entrants get **20% OFF** current releases at chaffeybros.com. Click here to apply code CITYBAY20 at checkout.*

FUEL YOUR RECOVERY!

How to scientifically recover energy after a run?



Hit the Finish Line with Vital Energy!



Learn about Smart Food Swaps



Get rid of "fatigue and brain fog" after exercise and work



Understand the scientific upstream prevention of type 2 diabetes



Henley Beach Road, Lockleys, 5032, SA



Scan to explore the 7-Day Health Challenge
Get a free disease prevention guide:

Website: vitallifechoice.org.au
ABN: 20 695 710 082



KNOW YOUR START LINE

Ready for race day? Below you'll find the start line location and start time for each City-Bay event.

We recommend arriving at your start line at least 30 minutes before your scheduled start time to allow plenty of time to find your spot, get organised and be ready to race.

Please check your event carefully and plan your journey ahead of time, allowing extra time for traffic, road closures and getting to the start line.

Channel Nine Half Marathon

📍 Colley Terrace, Glenelg

🕒 6:00 AM

12km Run

📍 King William Road, Festival Theatre

🕒 8:00 AM

12km Walk & Wheel

📍 King William Road, Festival Theatre

🕒 8:30 AM

Sunday Mail 6km Run

📍 Anzac Hwy, Kurralta Shopping Centre

🕒 9:00 AM

Sunday Mail 6km Walk & Wheel

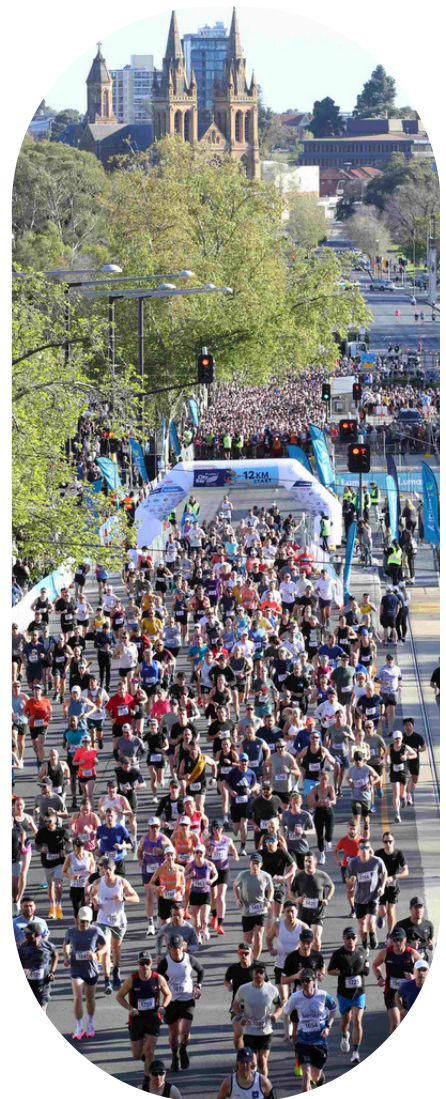
📍 Anzac Hwy, Kurralta Shopping Centre

🕒 9:30 AM

Life. Be in It. 3km Run, Walk & Wheel

📍 Morphetville Junction, Camden Park

🕒 10:00 AM



COURSE MAPS

Know your route before race day!

Take a look at your City-Bay course map before race day to familiarise yourself with the route and know what to expect along the way. Each map highlights your start and finish locations, hydration stations, toilet stops and other key points along the course, helping you plan ahead and feel confident on race morning.

Select your event below to view your interactive course map.



COURSE RULES

To help keep City-Bay safe, enjoyable and fair for everyone, please take note of the following race day guidelines:

- For Half Marathon participants, the cut-off time is 2 hours and 20 minutes. All participants must complete the course within this time.
- Participants in the 6km or 12km Run Event may walk at any point, however participants in the 6km or 12km Walk event must walk for the duration and are not permitted to run.
- Bibs must be worn on the front of the participants body and must not be folded, cut, altered, damaged or covered by clothing, as this may affect timing results.
- Bikes, scooters, rollerblades, skateboards and other vehicles are not permitted on the course.
- Headphones and earbuds are permitted; however, participants must remain aware of their surroundings and able to hear instructions from event officials, emergency personnel and other participants. Noise-cancelling headphones are not recommended.
- Running with a pram/stroller is not permitted due to increasing participant numbers and insurance requirements. Walking with a pram is allowed in line with risk management guidelines.
- Animals and pets are not permitted on the course, unless they are an authorised service animal assisting a participant.
- Please do not stop after you cross the finish line – keep moving down toward Colley & Wigley Reserve.
- If walking with a group, please avoid occupying the entire width of the road where it obstructs runners and other participants to move past you.
- Participants should avoid sudden stopping and should move to the side before stopping.
- No offensive signs; racist language; abusive language; discriminatory messaging; political signage where restricted; obscene gestures; threatening behaviour; hate speech is *not* permitted on course. Course marshals and event officials have the right to remove a participant from the course where they believe the participant is breaching these rules or creating a safety risk.



RUN FAST RENT FASTER

Our range, fleet and services make car rental effortless, affordable and reliable all at the same time. Get to the good stuff quicker with Budget.

Call 13 27 27 | [budget.com.au](https://www.budget.com.au)

BIB COLLECTION EXPO

All participants must pick up their race bibs at the 2026 City-Bay Bib Collection Expo before race day. Team captains and participants whose team captain has made alternative collection arrangements on their behalf do not need to attend individually.

The Expo serves as your one-stop location to collect your race number, ask any questions about the event, make any event changes and browse stalls for last-minute race gear. After collecting your race bib, make sure you explore the exciting range of pop-up stalls designed to get you race-ready! This year you will find **Hark Coffee Roasters, RunDNA, Nerdbelt, SAPOL, RoseTinted, Sodii** and our exclusive **2026 City-Bay Merchandise range**.

Location:

Torrens Parade Ground
Drill Hall
Adelaide, 5000

Time & Date:

- | | | |
|------------|---------------------|------------|
| • Thursday | 17th September 2026 | 10AM – 7PM |
| • Friday | 18th September 2026 | 8AM – 7PM |
| • Saturday | 19th September 2026 | 9AM – 4PM |

*Please be aware that the Bib Collection Expo strictly closes at 4pm on Saturday the 19th of September. **Bib Collection will not be available on the day of the race**, and any race numbers that are not collected beforehand will result in disqualification from participating in the event.*



CHANGES & TRANSFERS

Online registration changes and transfers were available prior to 3 September 2026. From 3 September onwards, all changes and transfers must be completed in person at the City-Bay Bib Collection Expo.

How to Transfer/Change Your Registration at the City-Bay Bib Collection Expo:

- When you arrive at the City-Bay Bib Collection Expo, please visit the Help Desk and our team will assist you with your change or transfer.
- If transferring your registration to another participant: You will need to provide the new participant's: first name and last name, phone number, email address and date of birth.
- If you are the person coming to claim the transfer of someone else's bib on their behalf: We require written confirmation from the participant who currently holds the registration. This confirmation must come from the email address or phone number listed on their Race Roster registration so we can verify and approve the request.
- If you are part of a team and have already received your bib during Team Bib Collection in the week prior to the City-Bay Bib Collection Expo, you must bring your bib with you so our team can exchange it for the correct bib following your change or transfer.

Important Notes:

- A \$12 administration fee applies for any changes, including name transfers.
- If you upgrade your distance, you must pay the price difference.
- If you reduce your distance, no refund will be provided for the difference.
- Insurance cover selected during registration does not transfer to a new participant and will need to be repurchased if desired.
- All changes and transfers done at the City-Bay Bib Collection Expo must be completed, by 10:00 AM on Saturday, September 19th, 2026.



FALCORE.

Business Internet, Voice

& Cloud Solutions

PROUD SPONSOR



— stay in the race —
p 1300 003 321 w falcore.com.au

Supporting South Australian Businesses and Communities

Detpak has been part of South Australia's manufacturing story for more than 75 years. From our Adelaide roots, we've grown to become a global leader in sustainable packaging solutions, helping foodservice and retail businesses reduce their environmental impact through innovative, high-quality products.

We proudly create packaging that supports businesses, communities and a more sustainable future. With local manufacturing at our core, we're committed to making a positive impact in South Australia and beyond.

Detpak



YOUR RACE BIB

Whats on the front of your bib?

- Race Number & Event
 - Your race number identifies you and the event you are entered in.
- Baggage Tag
 - Your bib includes a perforated baggage tag. Write your name and contact details, tear off the tag and attach it to your bag before using the baggage service.
- Lucky Bib Draw Tag
 - Your bib also includes a perforated competition tag. Write your name and contact details, tear it off and enter it into the Lucky Bib Draw Box located at the 2026 Event Village for your chance to win!

Whats on the back of your bib?

- Your details
 - Please write your name clearly in the designated area on the back of your bib. This is extremely important for your safety. In the event of a medical emergency, our medical teams can use this information to help identify you.
- Emergency Contact Details
 - Please complete the emergency contact section on the back of your bib with the details of someone we can contact in an emergency.
- Race Day Information QR Code
 - Scan the QR code on the back of your bib to quickly access important City-Bay Race Day information, including event details, start information, transport, road closures and more.
- Timing device:
 - The Half Marathon, 12km and 6km events are electronically timed using the DAG timing system. The DAG timing device is attached to the back of your race bib. Do not remove, bend or damage the timing device, as this may affect your result. Your timing device activates when you cross the start line, so your official race time begins at the designated start timing point.

MEDALS

Every finisher receives a 2026 City-Bay medal – there are two bold designs, each one crafted to honour your race day success:

- **3km, 6km & 12km finishers** will receive the **sleek silver medal** – powerful and packed with pride. It celebrates your run, your way, and the energy you brought to the streets of Adelaide.
- **Half Marathon finishers** will take home the **gold edition medal**, designed to mark your 21.1km effort with a standout finish.

Take a look below to see the 2026 City-Bay medal designs and get a glimpse of what will be waiting for you at the finish line! Our incredible volunteers will be waiting to place your hard-earned medal around your neck as you complete your City-Bay journey.



PERSONALISE YOUR MEDAL

Take home a truly personal keepsake from your City-Bay experience with an official MiTIME personalised medal tab, engraved with your name and race time.

Whether it's your first City-Bay, a new PB or simply a day you'll never forget, it's the perfect way to celebrate your achievement and remember your race forever.

Don't leave your medal without your name on it!

Click [HERE](#) to order yours today!



BEL, BERNIE & EMMA G FOR BREAKFAST 6-9AM



STREAM IT ON  LISTNR

GLENELG

Stay

MORE TO EXPLORE.

OUR PLACE FOR FAMILY, FRIENDS,
FUN AND MEMORIES ARE MADE.



**JETTYRD
GLENELG**

JETTY ROAD GLENELG MORE TO LOVE

Explore the latest from the Jetty Road LOCAL Magazine.

Check out our Winter Warmers - featuring special offers from local businesses.

Visit our website to discover more on Jetty Road, Glenelg.



www.jettyroadglenelg.com.au

**JETTYRD
GLENELG**



ENTERTAINMENT

We're proud to deliver a vibrant entertainment program both along the course and at the finish line, keeping the energy high from start to finish!

From live bands and DJs to performances that will have you smiling, dancing and cheering, our race day line-up is designed to lift spirits, motivate participants and create an unforgettable atmosphere along the course and throughout the Event Village.

Read on to discover who you'll encounter along your City-Bay journey, and check out the visual map to see where you can expect to find them along the course.

Please note: Due to council noise restrictions, our entertainment options are limited during the early stages of the Half Marathon course.

- **Pipes & Drums of The Royal Caledonian Society of South Australia**
 - Get ready for the unmistakable sound of the bagpipes adding plenty of energy and Scottish tradition to race day.
- **Oscar Asbanu**
 - Experience the powerful sounds of the didgeridoo and percussion, blending rhythm, culture and captivating performance.
- **Bumble Bee Brass Band**
 - A talented ensemble of brass musicians serving up entertaining and energetic tunes to keep the atmosphere buzzing.
- **Pulse Band**
 - Delivering a live music experience, featuring male and female lead and backing vocals across a mix of crowd favourites.
- **Sun of Africa Drum & Dance Ensemble**
 - Feel the rhythm of West Africa with powerful drumming and traditional dance.
- **Razle Dazle DJ**
 - Spinning upbeat tunes and bringing plenty of energy to create a party atmosphere.

- **The Visionaries**

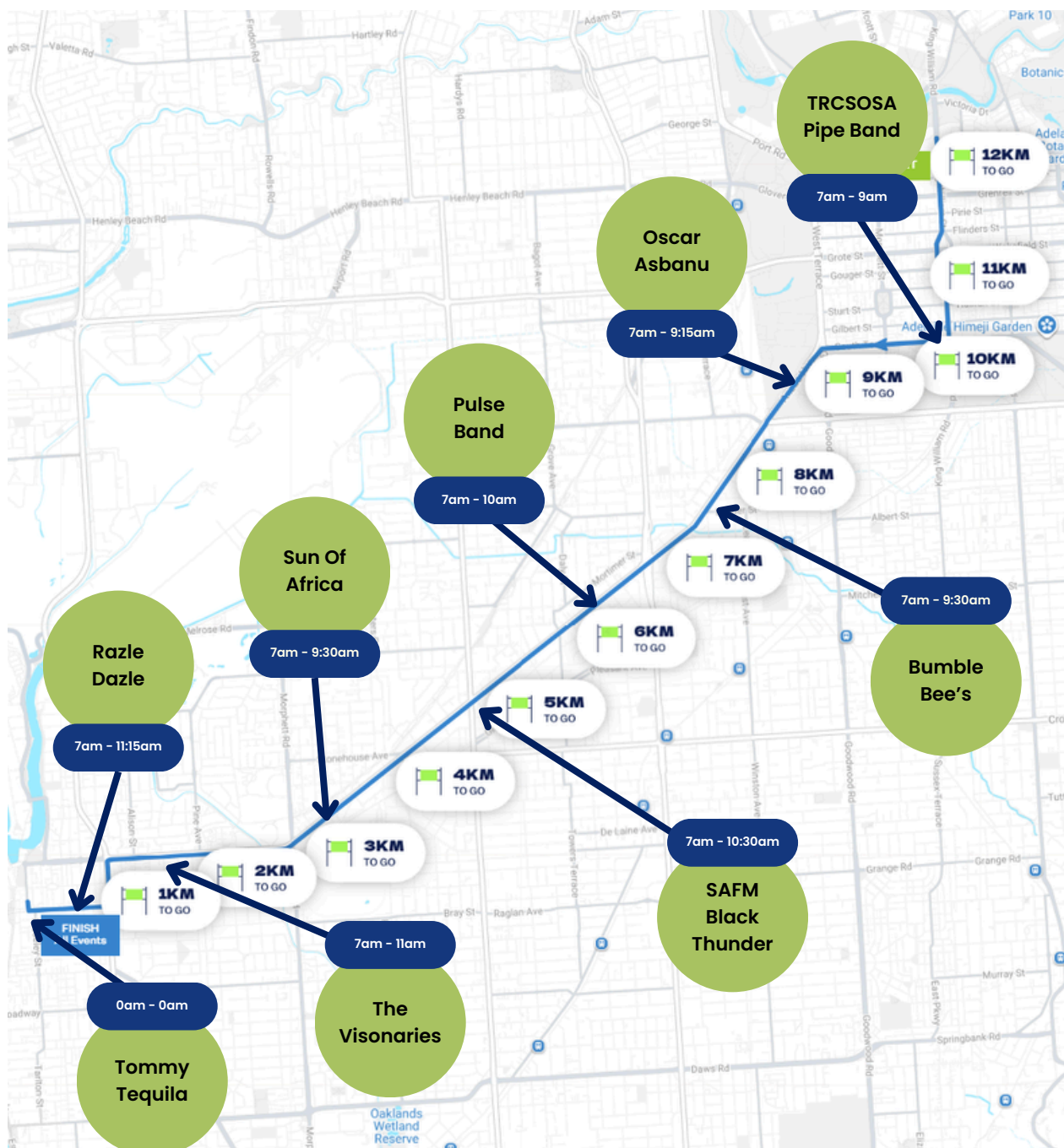
- A talented trio performing all your favourite songs, celebrating music and inclusivity with all three members being legally blind.

- **SAFM Black Thunder**

- The Black Thunder vans will be pumping music, with the SAFM team cheering from the sidelines, bringing plenty of energy.

- **Tommy Tequila**

- DJing all the greatest Hits and Grooves across the Decades at the Event Village on our Main Stage on Wigley Reserve.



Suppliers of Springwater & Dispensers
Clearly the best.

**MOUNT
LOFTY**
NATURAL SPRING WATER



Clearly the best

**30 Years supplying South
Australians with natural spring
water.**

For FREE delivery to your home or office
speak to our friendly staff on:

8243 0606

www.mountloftysprings.com.au



HYDRATION STATIONS

Mount Lofty Springs will proudly provide water at the 12km start line, throughout the course and at the finish line, alongside the **SA Water Quench Bench**.

Sodii Hydration Salts will also be available exclusively at the 3km and finish line to help you recover, rehydrate and recharge after your run.

You'll find hydration stations at:

- 12km Start Line
- 9km
- 6km
- 3km
- Finish Line
- Wigley & Colley Reserve

There will be cups provided thanks to our sponsor **Detpak**, however we encourage all participants to bring a reusable water bottle, which can be refilled at water stations along the route. Let's work together to reduce waste and keep the course clean!



PARKING

Street parking is available near all start locations. Please plan ahead, and please be mindful of road closures related to the event. Normal parking restrictions still apply. Please check all parking signage and ensure you do not block driveways or access points. When parking, please be respectful of local residents and the surrounding community.

We recommend arriving early at your start line to allow plenty of time for parking, navigating road closures and making your way to the start area.

We also encourage you to consider using public transport to get to the event and help reduce congestion around the start areas.

Half Marathon

- Street parking is available near the Half Marathon start line. Please allow plenty of time to park and take road closures into consideration when planning your journey to the start line at Glenelg.

12km

- Street parking is available around the 12km start area in the CBD.
- Thanks to the support from our partner **Wilson Parking**, all 12km City-Bay Fun Run entrants can also enjoy **\$5 all day parking at the Adelaide Central Car Park** (located on North Terrace – opposite the Art Gallery of SA). Plan ahead of time and prepay for parking online or on the Wilson Parking App using the promo code: CITYBAY26

6km

- Street parking is available near the 6km start line. Public transport is also encouraged, where possible, to help reduce congestion around the start area.

3km

- Street parking is available near the 3km start line.
- A dedicated FREE car park will also be available directly across from the entrance to Morphettville Race Course. Access is off Morphett Road.

Build a culture of fundraising at your event, **big or small.**

Are you an event organiser? Make fundraising a part of your event's DNA with Grassrootz, and build an exceptional culture of fundraising like the City-Bay Fun Run. Our technology is purpose built to amplify impact, with powerful integrations across major registration platforms in Australia and New Zealand.

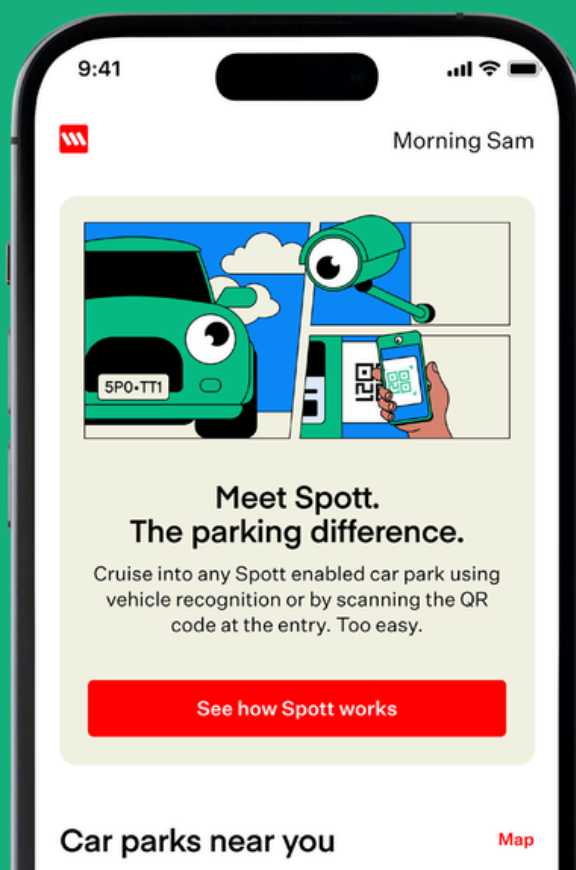


Let's get started.

Talk to us about growing your community with Grassrootz's event partnerships and fundraising tools.
grassrootz.com

Log another PB with **spott**

Enjoy seamless entry and exit with vehicle recognition, so you can focus on the race.



ROAD CLOSURES

To ensure the safety of all participants, volunteers, and spectators, a number of road closures and traffic restrictions will be in place across Adelaide on race day for varying periods between **4:00am and 2:00pm on Sunday 20 September**.

Please plan your journey in advance, allow extra travel time and be prepared for delays.

- Please check the full road closure information before travelling on Race Day [**HERE**](#).
- You can also view a map of the closures for a visual overview of affected roads and closure times [**HERE**](#).

Police will maintain road closures until they determine that it is safe for participants to leave the roadway. Please follow the directions of SA Police, traffic controllers and event officials at all times.

Road closures, traffic arrangements and, where necessary, the course or race format may be changed on Race Day at the direction of SA Police, DPTI, local councils or other relevant authorities.

We thank residents, businesses, commuters and the wider Adelaide community for their patience and cooperation as we undertake this significant traffic management operation, including the closure of Anzac Highway for the City-Bay Fun Run.

PUBLIC TRANSPORT

For race day, a range of public transport options are available to help you get to and from the event with ease.

Registered participants can travel **free of charge between 5:00am and 2:00pm** on Sunday, 20 September 2026 on:

- Regular Adelaide Metro bus, train and tram services
- Dedicated City-Bay event bus shuttle services

To access free travel, simply **show your bib number** when boarding.

Detailed information on public transport has been prepared to help you plan your journey, including service locations, departure points, operating times and transport schedules. You can view all the information [HERE](#).

We encourage all participants and spectators to review the public transport options ahead of time so you can enjoy the event without worrying about your journey.



PROUDLY SOUTH AUSTRALIAN



PROUD SPONSOR OF



Supporting our local community,
local events and local innovation.

*Stronger together.
Better for our future.*



PROUDLY SOUTH AUSTRALIAN

Locally owned
and operated



SUPPORTING OUR COMMUNITY

Backing local events
and charities



SUPPORTING LOCAL MANUFACTURING

Investing in South Australia
and creating local jobs



SUSTAINABLE FUTURE

Committed to a better
tomorrow

*Thank you for making
City-Bay a special part
of South Australia.* ❤️

LEADER



100% Australian
owned & operated



Trusted by
Australian businesses



IT solutions that
power your success

leadersystems.com.au

Recover smarter, your legs earned this!

Free Post-run Recovery Massage

Our physios and allied health team
can support your recovery and help
get your body back to its pre-run
condition.

sportsmed is a long-standing partner
of the City-Bay for over 20 years.

Visit team sportsmed at Colley Reserve, Glenelg.

Proudly South Australian owned and operated



sportsmed

PREVENTION • TREATMENT • REHAB

BAGGAGE

Bag drop-off will be available for all participants. Each start line will have a designated drop-off area, and all bags will be transported from each start line to the **collection point on Anzac Highway at Wigley Reserve**.

If you would like your bag sent to the pick-up area at Wigley Reserve, please simply fill out the tag on the bottom of your race bib and provide them to the volunteers at the baggage collection area at your start line.

Please ensure that you keep your valuables with you at all times. We are unable to take loose items such as a wallet or mobile phone.

For easy identification at the finish line, we recommend using a colourful bag or adding a ribbon or other distinctive marker.

VULNERABLE PERSONS

The safety of all participants is our priority, and our team, together with **SA Police** and **Security** will be on site at the finish to provide prompt and compassionate assistance.

The City-Bay has clear procedures to ensure the safety and wellbeing of vulnerable people who may become separated from their parent, guardian or carer during the event. If you become separated from a child or vulnerable person, or find someone who appears to be lost or separated from their group, please alert the nearest **City-Bay Official, Marshal, Volunteer, SA Police Officer or a Security team member** immediately.

Spring Carnival 2026

One Season. Six Days.

Caulfield Guineas

October 10

Everest

October 17

Cox Plate

October 24

Victoria Derby

October 31

Melbourne Cup

November 3

Champion Stakes

November 7

at Morphettville

morphettville.com.au



Adelaide Beaches

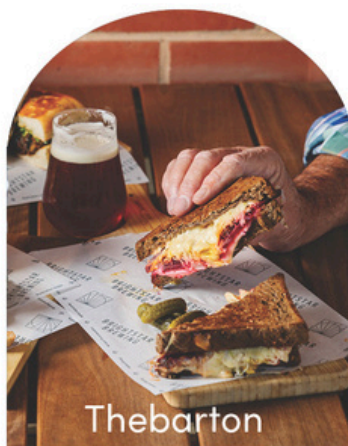
Dive into the West

Your City to Bay journey is just the start!

Refuel at hip cafes. Quench your thirst at breweries and distilleries. Have fun with the whole family at leisure attractions. Be inspired at creative spaces, museums and live music venues. Visit the Adelaide Beaches website to plan your next day out.

adelaidebeaches.com.au

[f](#) [@](#) #adelaidebeachessa



Thebarton



Brighton



Port Adelaide



Henley Beach

TOILETS

Toilets will be available at the following locations throughout Race Day:

- **Half Marathon Start** located at Colley Reserve.
- **12km Start** located at Torrens Pd Gd, Elder Park
- **Veale Gardens** on South Terrace
- **9km water station**
- **Kennards** located on Anzac Hwy, Glandore
- **6km start** located at Kurralt Park
- **3km start** located at Morphettville Junction
- **Glenelg finish** located at Wigley Reserve & Colley Reserve

FIRST AID & MEDICAL

The Royal Flying Doctor Service will be at the:

- **Half Marathon Start** located at Colley Reserve.
- **12km Start** located at Torrens Pd Gd, Elder Park
- **9km water station**
- **6km start** located at Kurralt Park
- **6km water station** located at Kurralt Park
- **3km water station** located at Morphettville Junction
- **Glenelg finish** located at Wigley Reserve & Colley Reserve

SA Ambulance will be working with the medical provider and will have a visible presence at the finish line. The City-Bay encourages participants to have ambulance cover.

On race day, should you need to find a participant that may have received treatment during the race please see any of our volunteers in high vis who will help you get in contact with a supervisor.

Your Adelaide
Your News



Alice Monfries & Will McDonald

9NEWS

4.00



Brenton Ragless

9NEWS

NIGHTLY 6.00

THE VILLAGE

The City-Bay Village is where the celebrations continue, spread across Colley Reserve and Wigley Reserve and filled with food, entertainment, sponsor activations, local offerings and plenty to explore.

As soon as you cross the finish line, make your way to the Village to continue your post-race experience. **Foodland** will be there with fresh, complimentary fruit to help you refuel, while a range of local vendors will be serving everything from barista-made coffee to delicious food and refreshments.

For those looking to recover after their run, **Sportsmed** and **Chiropractical** will be on hand to provide post-race recovery support, treatments and advice to help you feel your best after the race.

Be sure to explore the Village and visit our **teams** on Wigley Reserve, including **Autism SA** and their Sensory Bus, providing a dedicated space for participants and families who may benefit from a quieter, sensory-friendly environment.

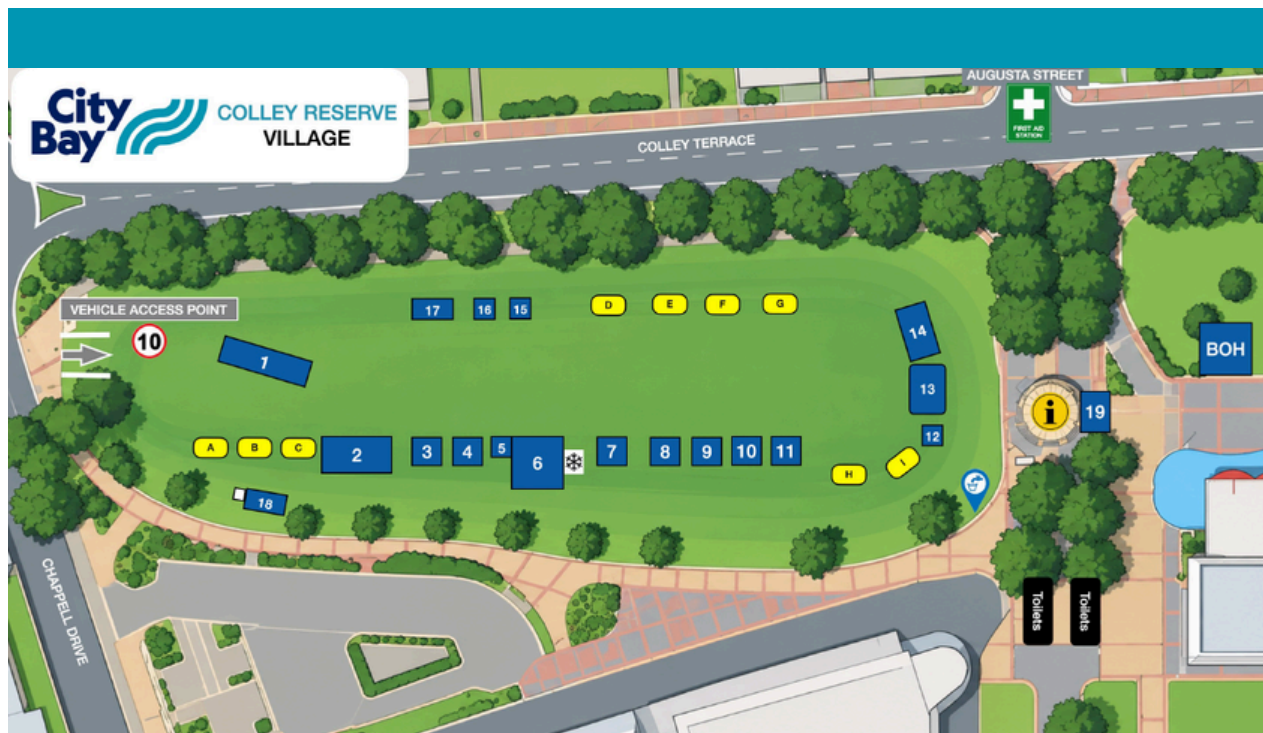
You'll also find a range of **sponsors and exhibitors** offering products, experiences, exclusive participant offers and complimentary services and giveaways to enjoy throughout the day. Make sure you also stop by the City-Bay merchandise area to pick up your exclusive **City-Bay 2026 Merchandise** and take home a memento from your race.

Stretch it out after your race with **KX Pilates**. Join a post-race cool down on Colley Reserve at 9:30–9:45am or 10:45–11:00am, or head to Wigley Reserve for a session from 10:00–10:15am.

The main stage **presentations** will begin at 10:00am, along with competition announcements and prizes celebrating the achievements of our participants. Once the presentations wrap up, stick around and enjoy the atmosphere with DJ Tommy Tequila.

Please see over the page for the City-Bay Village site maps for Wigley Reserve and Colley Reserve.

COLLEY MAP



- 1 - FOODLAND
- 2 - SPORTSMED
- 3 - CMI TOYOTA
- 4 - CHAFFY BRO'S
- 5 - MERCHANDISE
- 6 - VIP
- 7 - VIL'S FAMILY BAKERY
- 8 - LIFE. BE IN IT
- 9 - NINE ADELAIDE

- 10 - AMRF
- 11 - SAPOL
- 12 - STAGE GREEN ROOM
- 13 - STAGE
- 14 - BIG SCREEN
- 15 - ADAPTWEST
- 16 - CHIROPRACTICAL
- 17 - OLYMPIC PARTY HIRE
- 18 - VOLUNTEERS
- 19 - 21KM BAGDROP / INFORMATION

FOOD VENDORS

- A - DEJA BREW
- B - THE FILIPINO PROJECT
- C - YE OLDE LONDONERS
- D - PURELY PRESSED
- E - CHATIME
- F - MOI AN VIET STREET FOOD
- G - FIESTA TAJINE
- H - UZ GOZLEME
- I - CIBO

WIGLEY MAP



A8 Achilles Adelaide Inc
 E38 Adelaide Airport
 D32 Adelaide Sangat SA
 E41 AJ Baker & Sons
 F55 AutismSA
 E43 BDO
 E35 Beach Energy
 F51 Beyond Bank
 E37 Beyond The Sirens
 B12 BHP - Copper SA
 A4 Breakthrough MHRF
 B15 Bunge Operations
 B16 Cam's Run Club
 F47 Canteen SA/NT
 B13 Childhood Cancer Association
 D33 Craniofacial Australia
 D30 Department of Defence - Army
 B10 Diabetes SA

B11 EY Adelaide
 F45 FDC
 D27 Flight Centre
 A3 Flinders Foundation
 E44 Flinders Port Holdings
 D34 Flinders University
 F50 Fulton Hogan
 C22 GoodstartEarly Learning
 A6 Heart & Vascular Pace Setters
 F53 Hospital Research Foundation
 D26 Hutt St Centre
 F48 Jodi Lee Bowel Cancer Foundation
 D28 Lion Hearts Learning
 C19 MATES in Construction SA
 C21 Minda
 E40 Move Beyond
 F46 MyBudget Pty Ltd
 D25 Mykra Pty Ltd

F49 Neuroblastoma Australia
 E36 NRF TEAM Neuro
 C18 Orangetheory Mitcham
 F54 PhysioXtra
 A9 Pitcher Partners
 F56 Puddle Jumpers Inc
 E39 Radiology SA
 D29 Resthaven
 D31 RJE Global
 C24 ROLDA Ltd
 B14 SAPOL - Foot Patrol
 C23 Sophie's Legacy
 A1 Team AU
 C20 Team Barkuma
 A7 Team Enzo Progeria
 B17 Team SAIMA
 A2 Team SCC 26
 A5 The Yard Gym Somerton Park
 E42 Torrens Health

A - UNITED CHEMIST | B - SHINE LIKE GOLD MOBILE CAFE | C - CIBO

COMPETITIONS

Best Dressed Competition

Think you've got City-Bay's best race day look? Get creative and show us what you've got!

Participants are invited to take part in the City-Bay Best Dressed competition, celebrating the colour, creativity and fun that makes race day so special.

To be in the running, make sure you are at the Colley Reserve Stage before 10:00 AM, where judging will take place.

The Best Dressed winner will be announced on the main stage at 10:00 AM.

So whether you're running in a colourful costume, dressing up with your team or going all out with your race day look, make sure you bring your best outfit to City-Bay 2026!

Lucky Bib Draw

Tear off your tag. Drop it in the box. You could be one of our lucky winners!

Each participant's race bib includes a perforated bib tag with your unique bib number. After you cross the finish line, tear off the perforated tag and enter it into the Lucky Bib Draw for your chance to win one of several exciting prizes kindly donated by our incredible sponsors.

Simply drop your tag into one of the designated Lucky Bib Draw boxes, located at the main stage in the City-Bay Village on Wigley Reserve and Colley Reserve. Look out for the Lucky Bib Draw signage to find your nearest entry box.

Winners will be announced on both Wigley & Colley stage during the presentations.

If it matters
in SA, it's
in the app.



A

Sunday Mail
We're for *you*

T&C apply

OLYMPIC

Party Hire

WEDDINGS | PARTIES | EVENTS



☎ 8346 5545

✉ INFO@OLYMPICHIRES.COM.AU

🌐 OLYMPICPARTYHIRE.COM.AU

CITY → BAY → BEYOND!

DELIVERING SOUTH AUSTRALIAN GREATNESS TO THE WORLD.



TRG Transport is proud to support the **CITY-BAY**, an iconic event that has brought South Australians together for generations.



From city to bay, and from South Australia to destinations across the world, we're proud to play our part in keeping South Australia moving.



To every walker, runner, supporters and mostly the volunteers, thank you for supporting South Australia.

Enjoy the journey!



SOUTH AUSTRALIAN OWNED.
SOUTH AUSTRALIAN PROUD.



www.trgtransport.com



SUMMER SEASON 2026/27

Junior & Senior

Basketball, Futsal,
Netball & Volleyball

SCHOOL HOLIDAY PROGRAMS

Reception to Year 6

Basketball, Futsal,
Netball & Multisports



For more info visit www.lifebeinitunley.org, call **8272 2121** or email unley@lbiisports.com.au
Unley High School, Gate 1/1 Kitchener St, Netherby SA 5062



Life. Be in it Community Events & Equipment hire

lifebeinit.sa.org/life-games



STAY

Coming to South Australia from interstate or overseas for the iconic City-Bay Fun Run? Or maybe you just want your race day easy and accessible! make your experience even better by staying with our partners at Minor Hotels.

All participants are entitled to 15% off their stay, so you can enjoy a comfortable and affordable visit while you prep for race day. All City-Bay participants can enjoy this offer across Minor Hotels properties until December 15, 2026 – perfect for planning a return visit or a longer South Australian getaway.

Where to Stay Based on Your Start Line:

Event	Hotel	Distance to Start Line	Location
12km Start (Adelaide CBD)	Oaks Adelaide Embassy Suites	5 min drive / 10 min walk	Adelaide CBD
	Oaks Adelaide Horizons Suites	5 min drive / 10 min walk	Adelaide CBD
	Avani Adelaide Residences	6 min drive / 22 min walk	Adelaide CBD
	iStay Precinct Adelaide	5 min drive / 19 min walk	Adelaide CBD
21.1km Start & Finish (Glenelg)	Oaks Glenelg Plaza Pier Suites	1 min walk to start & finish	Glenelg
	Oaks Glenelg Liberty Suites	1 min walk to start & finish	Glenelg

How to Claim Your 15% Discount with Minor Hotels

- ♦ Step 1: Visit the [Minor Hotels website](#)
- ♦ Step 2: Enter promo code: **CITY-BAY** during booking
- ♦ Step 3: Choose your preferred Adelaide hotel and confirm your stay

It's that simple – save 15% and enjoy a relaxing stay before race day!



REST AND *Reset* WITH OAKS



15%^{*}
OFF
YOUR NEXT STAY

As a proud partner of the City-Bay Fun Run, please enjoy this exclusive offer of 15% off* your next stay with Oaks Hotels, Resorts & Suites or Avani Hotels & Resorts.

Explore over 60 destinations across Australia and New Zealand

Book now at oakshotels.com

Use promo code: **CITY-BAY**

OAKS.
Hotels, Resorts & Suites

AVANI
Hotels & Resorts

*Terms and conditions apply. 15% off offer subject to availability and valid on best flexible rate at all Oaks Hotels, Resorts & Suites Australia and New Zealand properties. Offer available for booking by 31 December 2024. Block out dates apply during peak travel time. Offer only available when booked via website direct using applicable promo code. See oakshotels.com for full details.



MERCHANDISE

Proudly partnered with Asics, this year's collection combines style, performance, and quality, giving you the perfect way to celebrate your City-Bay experience both on and off the course.

The official race top features a unique map of the City-Bay course, highlighting each of the event start locations, making it the perfect keepsake to remember race day.

Merchandise is currently available **online via our website [HERE](#)** and will also be available at the **bib collection expo** and the **post-race village** on race day. From premium apparel to must-have accessories, each piece has been designed with runners and fans in mind. With Asics, you can expect top-quality, functional gear that looks as good as it performs.





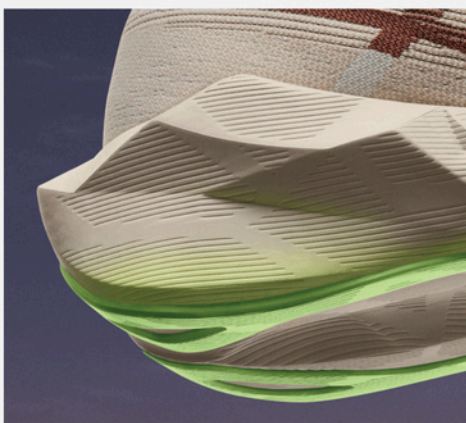
Move
energy to
move body
and mind

NOVABLAST™ 6



Next-level energy

FF TURBO™ SQUARED foam powers the signature forefoot Trampoline Pod to deliver next-level energy return.



Lightweight, bouncy cushioning

FF BLAST™ MAX cushioning delivers a lightweight, bouncy experience underfoot.



Reliable grip

ASICSGRIP™ rubber in the forefoot provides reliable traction for powerful toe-offs.



LEARN MORE
ABOUT
NOVABLAST™ 6

ASICS.COM

Available now in-store and online.

POST-RACE

RESULTS

- Participants will receive provisional results shortly after the last person crosses the finish line.
- Final results will be available 72 hours after the race on the 23rd September 2026. You can view your results [**HERE**](#).

PHOTOS

- NORTHSOUTH is the official photography partner of the City-Bay Fun Run, capturing you throughout the course and across the finish line.
- Your photos will be uploaded live throughout event day. As soon as they're ready, NORTHSOUTH will send you an email with a direct link to your photos.
- You can also find them at any time using the link below. Simply enter your name or bib number to search, and check back throughout the day as more photos are added.
- SAVE 25% ON EVENT DAY and purchase your photos on event day and receive 25% off with the code BAY25 at checkout.
- Find your photos [**HERE**](#).

CERTIFICATE

- Once you complete the course – download your race certificate and turn that victory into something even more official! This certificate is a well-earned reminder of your hard work and determination.
- Once you fill in your time, you'll have a great keepsake to share, showcase, or frame as a symbol of your achievement for a permanent display of bragging rights!
- Download your certificate after race day [**HERE**](#).

No pain, all gain, with RAA Rewards.

Unlock savings with partners
like these and much more.



Save 15% on
adidas online
purchases.*



ELITE
SUPPLEMENTS

Get \$15 off
when spending
\$100 online.*



Beyond
BOULDERING

Save 15% on single
entry, equipment and
memberships.*

 RAA Rewards

RAA
Rewards

*T&Cs and exclusions apply. For full T&Cs see raa.com.au.



Soothing Minds

Counselling & Psychotherapy

Supporting minds.
Empowering lives.



Compassionate, personalised support
for a **happier, healthier** you.

NDIS REGISTERED PROVIDER | NDIS | MENTAL HEALTH CARE PLANS | PRIVATE CLIENTS



Psychology & Counselling

Evidence-based therapy
for mental wellbeing
and personal growth.



Positive Behaviour Support (PBS)

Specialist behaviour support
that builds skills, promotes
independence and inclusion.



Mental Health Care Plans

Medicare-rebatable support
tailored to your goals
and wellbeing.



Support Where You Are

Clinic, home, community
and telehealth options
available.



(08) 8448 1106



soothingminds.com.au

*Here to support you
every step of the way.*



Person-Centred Approach

Safe • Respectful • Confidential



Improving wellbeing.
Building brighter futures.



Experienced &
Compassionate Team



Safe, Respectful
& Confidential



Evidence-Based
Practice

INCOGNITO CAFE
SHOP 1, 272 ANZAC HWY
PLYMPTON 5038

GRAND OPENING



INCOGNITO

**YOU ASKED FOR IT, YOU GOT IT!
WE WILL BE A 7 DAY CAFE SOON.**

**WHEN:
STARTING 'City-Bay Fun Run'
20TH OF SEPTEMBER 2026 ~ 8:30AM - 2PM**

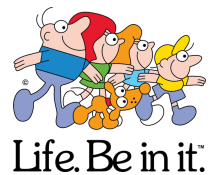
**GIFT BASKET RAFFLE (DISPLAYED IN CAFE)
1 TICKET \$2 ~ 3 TICKETS \$5 ~ DRAWN 20/9/26 @ 11AM**

CITY - BAY SPECIALS:

**\$10 CLASSIC EGG DROPS
\$30 500G COFFEE TIN
REFILLS
\$3 PORTUGUESE TARTS**

**LIVE MUSIC BY 'LATE
NIGHT LIES'
-FREE ESPRESSO/VANILLA
POPSICLES TO RUNNERS**

PARTNERS



City Bay Fun Run



citybayfunrun



www.city-bay.org.au