



**15 SEPTEMBER 2024**



## **1 MORE WEEK LEFT FOR RAA MEMBER DISCOUNT**

Don't forget that RAA members can take advantage of an exclusive member offer to save \$25 off a City-Bay registration until August 31st.

Register now to participate in the 50th year of our states greatest race and don't miss out on what promises to be the biggest one yet!



Lumary  
**City Bay 50**  
Supported by  
**Sunday Mail**

+

 **RAA**

CLAIM YOUR DISCOUNT NOW

## LAST CHANCE TO WIN 5K

Just incase you needed another reason to register today - this is your **FINAL CHANCE to win \$5K** simply by just entering in a race for this year's 50'th City-Bay! Thanks to [@cmitoyota](#), one lucky participant will have the exciting chance to walk away with \$5,000 cash! Head to the link in our bio and get your registrations in quick - competition closes 31st of August!

Lumary  
**City Bay**  **50**  
Supported by  
**Sunday Mail**

**WIN  
\$5K**



**REGISTER  
TODAY FOR  
YOUR CHANCE  
TO WIN \$5,000  
THANKS TO  
CMI TOYOTA**

*We love to see you CMI'ing*

**CMI TOYOTA**

[SIGN UP TO WIN HERE](#)

## Sophie's Legacy

Dr. Sophie Putland was a daughter, a sister, a friend, and a beloved vet, who tragically took her own life in September 2021. The pressure of the veterinary profession, including client abuse, became overwhelming for her.

On average, a vet dies by suicide approximately every 12 weeks.

Family and friends established Sophie's Legacy to honour her memory and advocate for change within the industry. They are determined to see all veterinary staff thrive.

Sophie's Legacy has a clear vision:

1. Empowering veterinary staff to feel supported, valued and safe by promoting a safe and nurturing environment in which all veterinary staff can flourish.
2. Engaging with government and industry bodies to create and promote sustainable workplace change by influencing policy.
3. Alerting all Australians to the mental health crisis within the vet industry and creating positive change through education and advocacy.

If you'd like to donate to their cause, register to fundraise for Sophie's Legacy in this year's Lumary City-Bay!

# LOST



Sophie was a much loved veterinarian, lost to suicide aged 33.  
Right now, the suicide rate for vets is four times higher than the average person.  
Together, we can reverse this tragic trend by ensuring we respect our vet staff at all times.

**To help us get more mental health support for vet professionals,  
sign the petition at [sophieslegacy.com](https://sophieslegacy.com)**

 Sophie's Legacy

[Create a fundraising page here](#)

**Make this year memorable with a personalised label for your medal**

Are you gearing up for your first City-Bay this year? Whether you're tackling your very first half marathon, joining a team to compete together, or just participating for fun, this event is a significant milestone. It's more than just a race—it's a celebration of your hard work, determination, and personal achievement. Why not make this experience even more memorable? Commemorate your journey and success by ordering a personalised label for your medal, engraved with your name and time through our partners at Evright.



[GET YOUR PERSONALISED MEDAL HERE](#)

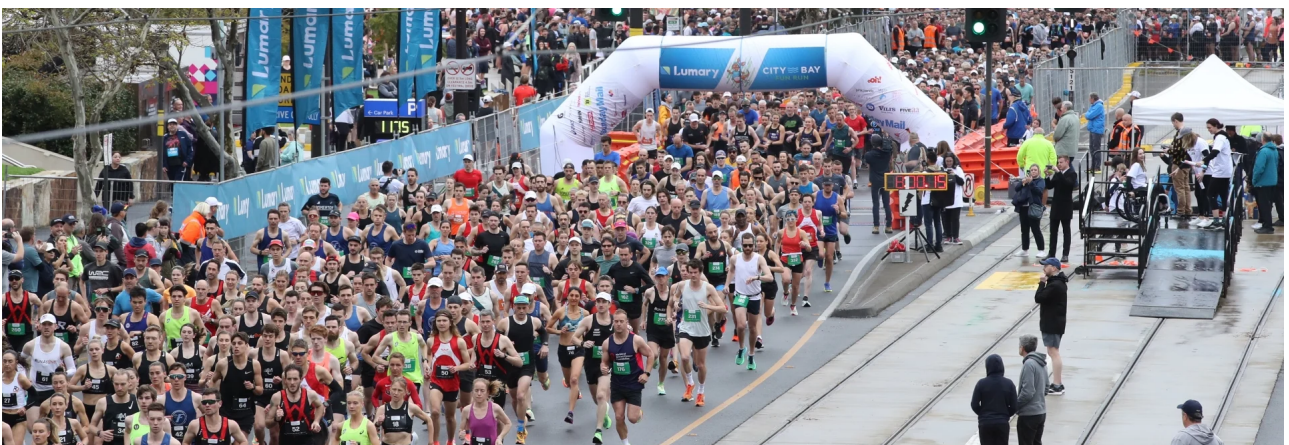
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[Find out more](#)



**THE COUNT DOWN IS ON:**

00 00 00 00  
Days Hours Minutes Seconds

**TO GO, UNTIL RACE DAY! ☐☐♂**

## Lumary City-Bay Fun Run

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© 2024 City-Bay Fun Run

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City-Bay Fun Run Committee Inc. acknowledges and pays respect to all traditional custodians of the lands of which we Run, Walk, Work and Live throughout Australia. We pay respect to elders both past, present and emerging.

