



15 SEPTEMBER 2024



TOMORROW IS THE BIG DAY □□□

Twass the night before the big race! Get ready for an incredible morning tomorrow, no matter what event you're taking part in! We're buzzing with excitement to see you all out there smashing your goals, enjoying family time, staying active, running for fantastic causes, and even rocking some fabulous fancy dress! Dive into the details below for all the times and locations of the events. We can't wait to see you on the course and make it an unforgettable day for our 50th year!



RACE DAY EVENTS

No matter if you're rising early for the half marathon or joining the 3km walk at 10 AM, we've got you covered! Below, you'll find the start times and locations for all the morning's events. Be sure to check the schedule so you don't miss out on any of the action!

6:00 AM

HALF MARATHON

📍 Colley Terrace, Glenelg

8:00 AM

12KM RUN

📍 Festival Theatre, Adelaide

8:20 AM

12KM WALK/WHEELCHAIR

📍 Festival Theatre, Adelaide

8:30 AM

6KM RUN

📍 Kurralta Shopping Centre, Kurralta Park

9:15 AM

6KM WALK/WHEELCHAIR

📍 Kurralta Shopping Centre, Kurralta Park

10:00 AM

3KM WALK/RUN/WHEELCHAIR

📍 The Junction, Camden Park

EVERYTHING YOU NEED TO KNOW

See below a list of everything that you need to know in preparation for tomorrow – we know it can be tricky trying to collate all the necessary information to have a successful race day so we have collated it all into one area for you:

RACE BIB

The 'DAG' timing device is affixed to the back of your bib. Under no circumstances should you remove, bend, or roll it up, as this could damage the timing chip. The bib you received indicates the event you have entered and includes your name on the back if sent by mail. If any information is incorrect, please contact the City-Bay office immediately for corrections.

TIMING CHIP

Half marathon, 12km, and 6km competitors will be recorded by the 'DAG' electronic timing system. Please note that 3km entrants will not be timed. The timing system activates only after you have crossed the start line.

FINISH INSTRUCTIONS

As you run through the finish, a marshal with a timing bat will approach you to finalize your time. This is necessary to ensure your time is recorded correctly. Please DO NOT stop at the finish line; walk quickly through the channels past the marshals with timing bats.

WATER STATIONS

Water will be provided by Mt Lofty, at the start, along the route, and at the finish. Remember to hydrate throughout the day by drinking plenty of water. If possible, please bring your own water bottle to be filled up along the way.

FIRST AID AND MEDICAL SUPPORT

Medical support will be on standby at all start points and along the route, with medical tents also available at the finish line.

TOILETS

Toilets will be available at the following locations:

- Torrens Parade Ground
- Elder Park (Northern End)
- Victoria Square (Public toilets)
- Kurralta Central Shopping Centre
- Kennards Hire (Anzac Highway)
- The Junction Centre (Eastern Carpark)
- Colley and Wigley Reserve

BAGGAGE

If you want your bag sent to the pick-up area at Colley Terrace, simply fill out the tags on the bottom of your race number and provide them to the volunteers at the baggage collection area. Baggage delivery service is at 12km and 6km start and will be available for collection at the finish line. Please ensure that you keep your valuables with you at all times. We are unable to take loose items such as a wallet or mobile phone.

LOST CHILDREN

Please proceed to the stage area if you need assistance. Lost children will be looked after by personnel who have a working with children certificate. They will ensure the children's safety and well-being until they are reunited with their guardians.

COURSE COURTESY

We kindly request that walkers and runners stay predominantly on the left side of the path to accommodate our wheelchair participants, who are requested to stay on the right side.

[Got more questions? visit our FAQ page here!](#)

A HUGE THANKYOU 🙏

As we get ready for tomorrow, we want to take a moment to extend a heartfelt thank you to our incredible sponsors. Your support makes everything possible, and we are truly grateful. A special shoutout to our naming partner, Lumary, and our supporting partner, Sunday Mail. We are equally grateful to our major, media, tech, and support partners, whose contributions have been crucial in bringing this event to life. Your involvement and dedication have truly made a difference, and we are honored to have you on board. Thank you for helping us make this event a success!



LOOK OUT FOR THE COMPETITION BOX AFTER YOU CROSS THE FINISH LINE

When you cross the finish line tomorrow, keep your eye out for a large competition box where you will be able to drop your competition number from your bib as shown below to enter into a random prize draw.

The winners will be announced at the main stage in the Village at Wigley Reserve. We have so many amazing prizes in store for you so be sure to not miss out!



A LAST MINUTE REMINDER TO GET YOUR DONATIONS IN BEFORE THE BIG DAY!

This year, we've raised an incredible \$383,619 – far surpassing our \$250K goal! We're absolutely amazed by the extraordinary fundraising efforts from our community, participants, and charities. A huge thank you to everyone involved!

If you're looking for a cause to support at tomorrow's City-Bay, consider donating to help David Woods from RunAsOne as he raises funds for Cerebellar Ataxia Australia. David will be participating in the 6km event, rallying support for Ataxia.

For David, "dealing with this chronic disease has thrown me off balance, making each step a wobbly adventure. Despite the hurdles, I'm lacing up my shoes tomorrow, determined to take on this challenge and shed light on the obscure world of Ataxia." Let's race towards awareness and support!



HELP DAVID REACH HIS FUNDRAISING GOAL

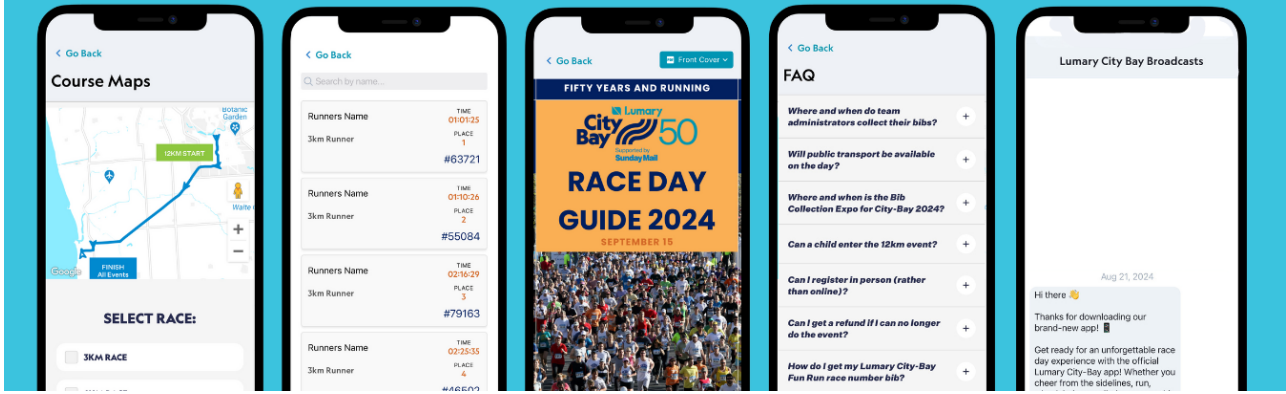
OUR APP IS YOUR ULTIMATE RACE DAY GUIDE COMPANION

To ensure you're fully prepared for tomorrow, download our official app now! It's your key to staying in the loop with real-time broadcast updates and navigating the course with live maps. Plus, if you have any burning questions or need instant answers, our comprehensive FAQ section is ready to help. And after the race, you can check out your results directly in the app—it's your all-in-one destination!

DOWNLOAD THE APP NOW 

YOUR ULTIMATE RACE DAY COMPANION





1 MORE SLEEP TO GO!

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Days	Hours	Minutes	Seconds

SEEU YOU TOMORROW

Lumary City-Bay Fun Run

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 © 2024 City-Bay Fun Run

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City-Bay Fun Run Committee Inc. acknowledges and pays respect to all traditional custodians of the lands of which we Run, Walk, Work and Live throughout Australia. We pay respect to elders both past, present and emerging.

