

Do you work in a large office and want to join a fun, healthy activity with your team? Are you part of a running club, gym, or charity looking for a new challenge? Maybe your family wants an active way to spend a Sunday together? If any of these scenarios resonate with you, look no further than signing up for this year's City-Bay event! And to provide that extra motivational push, we've got something special lined up for you.

The team at Studio Pilates North Adelaide are generously giving away 100 complementary classes at their studio – that's a years' worth of Pilates valued at \$1800! []Q]Q Simply gather your colleagues, friends, club members, or family to participate in the City-Bay Fun Run, and you'll be in the running to claim this fantastic prize! Here's your chance to win this amazing prize:

- 1. Gather a team of 10 or more people to join you in this year's City-Bay Fun Run.
- 2. As the team facilitator, visit the City-Bay website and create your team online.
- 3. Get your recruited team members to register online under your team's name.
- 4. Once you have 10 confirmed, paid registrations for your team in this year's City-Bay, as the team facilitator you'll automatically go into the draw to win this incredible prize!

Hurry! This competition ends on August 19th[]

Disclaimer: This prize is for the team facilitator only, not every team member. If you've already registered a team

of 10 or more, you have already been automatically entered in the draw to win.

ENTER NOW!

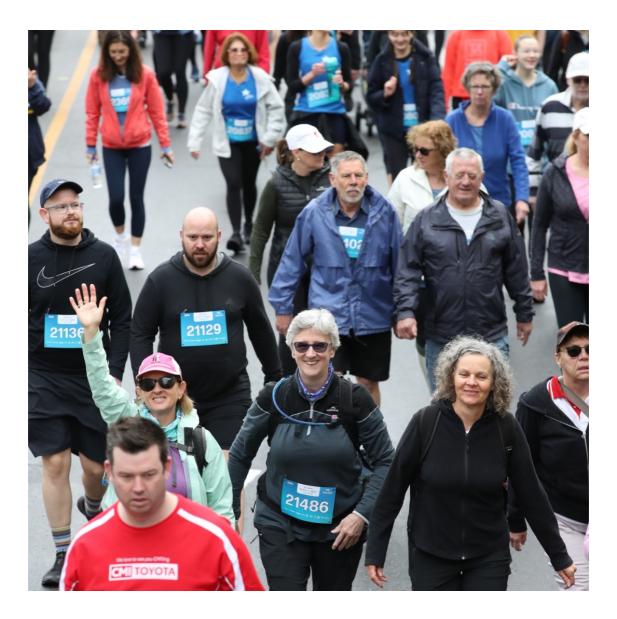
CALLING ALL SENIORS

Save 10% on registration in this years City-Bay Fun Run!

Seniors Card members can enjoy a 10% discount on registration for the 50th running of the City-Bay Fun Run on September 15th 2024. No matter your fitness level, age, or ability, the City-Bay event welcomes everyone! Choose to run, walk, or wheel your way to the finish line in the 3km, 6km,12km or half marathon races.

Do you remember where you were in 1973 when the first City-Bay was held? Maybe you even participated? Don't miss out on this special opportunity to pull out your old lycra sitting in the back of the closet to help celebrate the 50th anniversary of the City-Bay Fun Run! To celebrate 50 years, make it a family affair! Bring your children, grandchildren, and all your friends to share in the excitement and create lasting memories. Let's make this year's City-Bay Fun Run the best one yet! Take advantage of the 10% discount for Seniors Card members and register today – see you at the starting line on September 15th!

For further information please visit: <u>Seniors Card | City-</u> <u>Bay Fun Run</u>



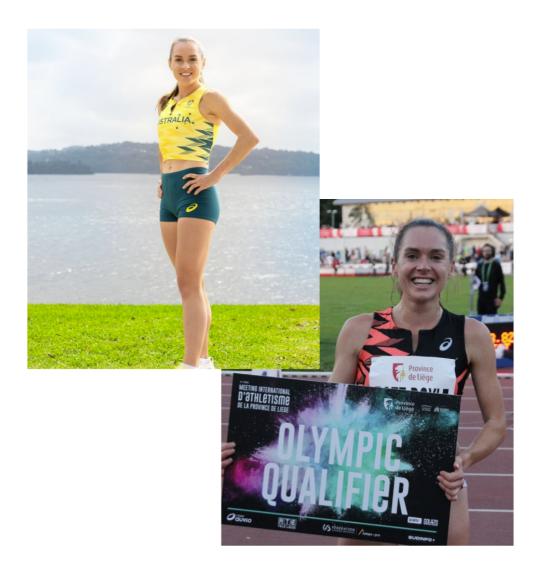
REGISTER HERE

CONGRATULATIONS TO OUR CITY-BAY AMBASSODOR IZZI BATT-DOYLE

A huge congrats to Izzi for her Olympic Qualifying time

in the 5,000m and even more recently being officially selected for her second Olympics!

We can't wait to see you take on Paris in a few weeks $\hfill \square \ensuremath{\mathbb{Q}}$





THE COUNT DOWN IS ON:

 $00\ 00\ 00\ 00$



TO GO, UNTIL RACE DAY! □□♂

BE A PART OF HISTORY - REGISTER NOW!

Lumary City-Bay Fun Run

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City-Bay Fun Run Committee Inc. acknowledges and pays respect to all traditional custodians of the lands of which we Run, Walk, Work and Live throughout Australia. We pay respect to elders both past, present and emerging.

