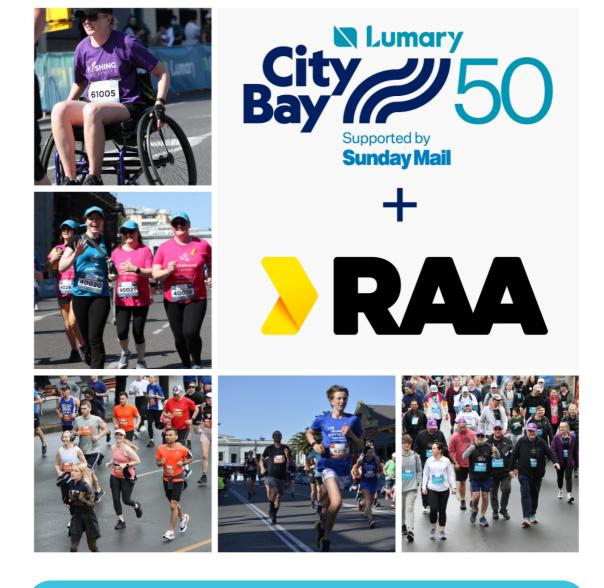


ATTENTION RAA MEMBERS []

Register now to participate in the 50th year of our states greatest race and don't miss out on what promises to be the biggest one yet!

RAA members can take advantage of an exclusive member offer to save \$25 off a City-Bay registration until August 31st. Visit raa.com.au/city-bay for more information.

Terms and conditions apply - Please visit: City-Bay-CMI-Online-Entry-Drive-Terms-Conditions.pdf



SAVE \$25 WITH RAA AND REGISTER HERE!

Did you catch this story in the Sunday Mail over the weekend?

Read about Ben Green and his ambitions to take on this year's City-Bay without letting his diagnosis of multiple sclerosis stop him!



My MS inspired tilt at record

Natalie Vikhrov

Ben Green is looking forward to showing the world that an "invisible disease" won't stop him from achieving his sporting ambitions.

In 2018 he received a shock diagnosis of multiple sclerosis (MS) – a disease that attacks the central nervous system.

On Sunday the 26-yearold will attempt to break the Guinness World Record for the fastest marathon for a male with multiple sclerosis at the ASICS Gold Coast Marathon.

He plans to finish the 42.195km run in two hours and 45 minutes and raise awareness of MS.

"There's a lot of stigma around, when you tell someone you've got MS, people probably think they should be in a wheelchair," he said.

"I've been really lucky that I haven't been heavily impacted by it."

Mr Green also plans to take part in this year's Lumary City-Bay Fun Run on September 15. Tens of thousands of runners and walkers are expected to turn out for the 50th running of the beloved event, supported by the Sunday Mail. Participants can opt for the classic 12km, as well as 3km, 6km and halfmarathon distances, and raise fund for charity. All will earn a souvenir medal. Register now at my.citybay.org.au

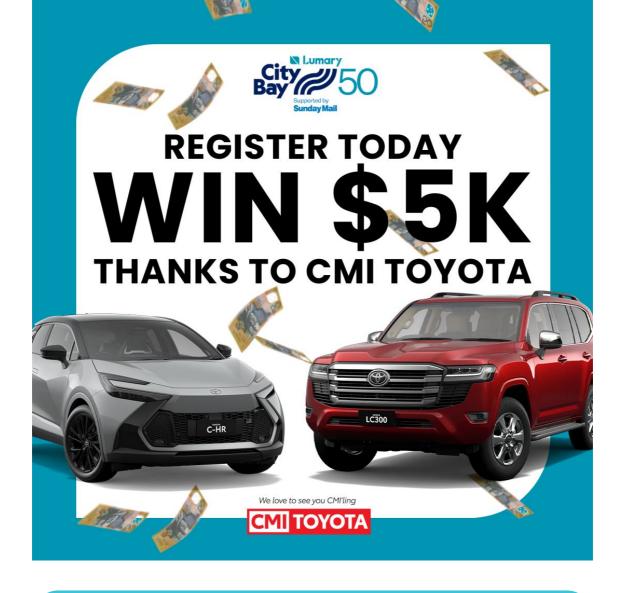
SOMETHING EXCITING IS COMING []

Stay tuned for a very exciting announcement next week! Film producer Johnny Taranto has dedicated immense effort to create an inspiring film celebrating the City-Bay's history for the events 50th anniversary. Keep an eye out for more details—trust us, you won't want to miss this!



WIN WITH CMI TOYOTA []

Don't forget that you go into the draw to win \$5K just by entering in a race for this year's 50'th City-Bay! Thanks to CMI Toyota, one fortunate participant will have the exciting chance to walk away with \$5,000 cash! Join us for this milestone event and for a chance to win big!



REGISTER NOW TO WIN \$5,000 THANKS TO CMI TOYOTA!

THE COUNT DOWN IS ON:



TO GO, UNTIL RACE DAY! □□♂

Lumary City-Bay Fun Run

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ABN 62 163 898 527

© 2024 City-Bay Fun Run

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City-Bay Fun Run Committee Inc. acknowledges and pays respect to all traditional custodians of the lands of which we Run, Walk, Work and Live throughout Australia. We pay respect to elders both past, present and emerging.

