

CITY BAY FUN RUN



19 SEPTEMBER 2021



CITY-BAY.ORG.AU

Invest in your fitness and reap
the benefits of a healthy
lifestyle!

It's Always a Happy Day at the Bay!

REGISTER AND WIN!

Register before **August 31st, 2021** for your chance to **WIN** a
brand-new Toyota Yaris thanks to CMI Toyota!



Go and check it out for yourself - at CMI Toyota on West Terrace, Adelaide!

Simply enter either the **3k, 6k, 12k or Half Marathon** for your chance to **WIN!**

**Help us and Help Charities
in SA**

CHAFFEY BROS JOIN THE FUN



EDEN VALLEY | BAROSSA

Our wine philosophy is New Wave Barossa...Soil up. Aromatic. Textural. Unadulterated. All our wines are 100% Un-fined (= textural & naturally vegan friendly!)

Visit us in the Barossa at our collaborative cellar door: *ARTISANS OF BAROSSA* in or at our wine bar: *VINO LOKAL* both in Tanunda.

[Chaffey Bros Wine Co - Artisan wines from the Barossa and Eden Valleys](#)

THE CITY-BAY FUN RUN AIMS



To motivate all participants to increase their physical activity as a part of their healthy lifestyle over a 12-week training period.

Provide an opportunity for charities and sponsors to use the event as a platform to fundraise and draw attention to a chose cause.

Continue to be the friendliest, most enjoyable, inclusive, accessible, and rewarding fun run in South Australia.

12 WEEK FITNESS & CONDITIONING PROGRAMME



Get fit and ready for the City-Bay Fun Run by attending free Training Workshops for Runners and Walkers of all levels, including first timers. Learn the secrets of endurance in a positive, inclusive and welcoming team atmosphere under the eyes of trained coaches.

Get helpful hints, nutritional advice, tips on the best footwear and on injury

prevention.

Bring your Friends and Family. All are welcome

For more information : [Training](#)

Register now!

SPONSORS

