

# CITY BAY

## FUN RUN



19 SEPTEMBER 2021



CITY-BAY.ORG.AU

## WE ARE BACK TO REBUILD A SENSE OF COMMUNITY IN SA!!

It's great to be back after a year in hibernation! Post Covid people will be looking for things to be happy about - we believe City-Bay Fun Run can play a major role here especially given timing - we hope SA Health will allow us to have close to maximum numbers.

Participants who entered for the 2020 event and didn't request a refund, will automatically be registered in this year's event. Those who entered the 2020 City-Bay Virtual event will receive a discount code in late June.

But we will not know if entry limits will apply for a while so we suggest you get in early and [enter now](#) or you may miss out.

We want to see as many people as possible back embracing the thousands of happy memories the people of SA have had with their City-Bay Fun Run experiences as we head to the 50th Birthday party in 2022.

Be part of the passion, atmosphere and excitement of this iconic Fun Run.

**It's Always a Happy Day at the Bay!**

## REGISTER AND WIN!

Register before **August 31st, 2021** for your chance to **WIN** a brand-new Toyota Yaris thanks to CMI Toyota!



Go and check it out for yourself - at CMI Toyota on West Terrace, Adelaide!

Simply enter either the **3k, 6k, 12k or Half Marathon** for your chance to **WIN!**

## Help us and Help Charities in SA

You can make your participation in this year's event even more memorable by dedicating it to a cause close to your heart.

Fundraising for your favourite charity is simple and fun through your Grassrootz online fundraising page and your family and friends can feel confident in donating through our trusted fundraising platform partner.

Create a fundraising page for FREE and raise \$500 online to have your event registration fee refunded to you (limited to the first 10 per charity). Over the years our fundraisers have made a huge impact raising Millions for many charities across Australia. So, join our fundraising community and help us to continue creating positive change in the world.



## CHAFFEY BROS JOIN THE FUN



We are brothers-in-law Daniel Chaffey Hartwig & Theo Engela: part perfumiers; part historians; and part mad scientists. Now joined

Fechner.

We craft our handmade wines from a number of epic low-yielding vineyards nestled among the pristine Barossa & Eden Valleys in South Australia.



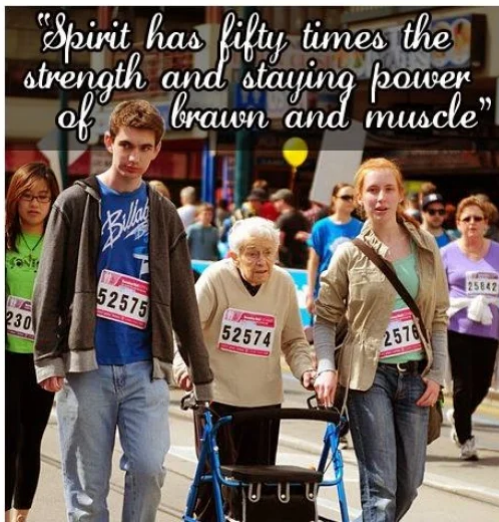
EDEN VALLEY | BAROSSA

Our wine philosophy is New Wave Barossa...Soil up. Aromatic. Textural. Unadulterated. All our wines are 100% Un-fined (= textural & naturally vegan friendly!)

Visit us in the Barossa at our collaborative cellar door: *ARTISANS OF BAROSSA* in or at our wine bar: *VINO LOKAL* both in Tanunda.

[Chaffey Bros Wine Co - Artisan wines from the Barossa and Eden Valleys](#)

## THE CITY-BAY FUN RUN AIMS



To motivate large numbers of the population (walkers, runners, and wheelchair participants) to increase their activity levels.

Promote physical activity as an enjoyable integral part of a healthy lifestyle.

Increase the general fitness and wellbeing levels of participants over a 12-week training period.

Provide incentives for participants to

reach their goals.

Provide an opportunity for charities and sponsors to use the event as a platform to fundraise and draw attention to a chose cause.

Continue to be the best, most successful and most iconic fun run in South Australia.

Continue to be the friendliest, most enjoyable, inclusive, accessible, and rewarding fun run in South Australia.

## LET'S KEEP THE CITY BAY RUNNING



On behalf of the City-Bay Fun Run Board and Staff we would like to acknowledge the contribution and support shown by The Premier, **The Honourable Steven Marshall** and also Sports and Recreation Minister **Corey Wingard** for the \$50k government grant and the support of the Opposition Leader **The Honourable Peter Malinauska and Katrina Hilliard**.

## 12 WEEK FITNESS & CONDITIONING PROGRAMME



Get fit and ready for the City-Bay Fun Run by attending free Training Workshops for Runners and Walkers of all levels, including first timers. Learn the secrets of endurance in a positive, inclusive and welcoming team atmosphere under the eyes of trained coaches.

Get helpful hints, nutritional advice, tips on the best footwear and on injury

prevention.

Bring your Friends and Family. All are welcome

For more information : [Training](#)

**Register now!**

**EARLY BIRD REGISTRATION CLOSING SUNDAY JUNE 27**

Act now for discounted entry fees.

**SPONSORS**



We love to see you CM'ing

