

Get your official 2022 Lumary City-Bay Fun Run Merchandise thanks to Sportitude. Purchase in store or online now!

Not only is the Lumary City-Bay Fun roaring back to life, but so too is a new range of merchandise. What better way to show your friends you are a City-Bayer with a T-Shirt, cap or singlet as part of the official merchandise range.

This is the first time in years the City-Bay has had its own branded sports wear and it's a big thanks to our good friends at Sportitude and our awesome sponsors Asics.

Why not grab yours now and really look the part on September 18.

MAJOR PRIZE ANNOUNCEMENT!



Thanks to the support from our sponsors, 1 lucky winner plus 3 of their registered friends will share in the 2022 Lumary City-Bay Major Prize!

- \$1000 prize value of Artisans Rarities and Icons tastings thanks to Chaffey Bros.
- Cooking Class for 1 winner + 3 friends with Sprout
- \$600 prize value including a carton of each of the following Hahn beers thanks to Lion: Hahn Super Dry, Hahn Super Dry 3.5, Hahn Ultra Crisp (Gluten Free)
- · Fully fitted, head-toe in Asics gear
- T20 Box Experience thanks to Lumary
- \$200 Vilis gift voucher
- 1 nights' accommodation in a 2-bedroom apartment thanks to Oaks
- \$100 dollar Foodland gift voucher

1 winner plus 3 friends must all be registered by August 31st to go into the draw. T&Cs apply.

EXPRESS POSTAGE CLOSING THIS SUNDAY

Some key dates are fast approaching!

Sunday August 21 is the final day for express **postage,** meaning if you want your bibs posted to you your registration must be finalised by then.

Friday August 26 will also be the last day for large team entry. Make sure you get your teams sorted and registered.

August 31 is the last day for regular entry **price,** so if you want to beat the price rise, you know what to do.



CLARKEY'S COLUMNS

For the 3rd edition of Clarkey's Columns, Matt takes us through his favourite running shoe choice from recovery days to race day and everything in between!



"Much like picking appropriate clothing for the occasion or the environment, we should be considering the appropriate shoe for the run we are about to embark on and the surface we are about to interact with."

Read the full blog here.

WE NEED YOUR HELP

We are calling out to YOU to help us by volunteering during the lead up to the Lumary City-Bay event, on race weekend and, of course, on September 18.



The Lumary City-Bay Fun Run is indebted to an army of volunteers who turn this event to reality. It's the volunteers who not only ensure the event runs smoothly, but set the atmosphere with their great attitude and helpful personality. Now as thousands prepare to run, jog, walk, wheel and waddle their way for the City-Bay, we need to boost our volunteer stocks.

If you're a member of a club or sporting organisation, we'd love your group to put up your hand to help. We need volunteers to help with set up, baggage collection, and importantly traffic marshaling. Traffic marshals need to be a minimum of 16 years of age and a half-hour SAPOL course will be provided by the City-Bay.

Each organisation will be given \$35 a shift per person, with \$45 for supervisors making this a perfect way to fundraise for your club or organisation!

If your club can answer our plea for volunteers, get in touch with us here, or contact our event manager Andrew Holman at eventmanager@city-bay.org.au or ring 0448819730.

Stay connected with us on our socials!







